



AWS OUTLOOK

ACADEMIC WORLD SCHOOL
BEMETARA

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Mrs. Bhawna Bohra
Chairperson



The world today is evolving at an unprecedented pace and our school is well equipped to prepare our children to face challenges that the future holds.

The school exemplify the fact that sky is not the limit in the pursuit of excellence. The aim of our schools is to promote a system of integral education in a responsive environment that emphasises the harmony of all knowledge, synthesises humankind and sciences and recognises the fact that each child is unique.



MESSAGE FROM CHAIRPERSON

Greek Philosopher Heraclitus once said "It is impossible for the same man to step into the same river twice. No matter how short be the interval between the first and the second stepping, both the man and the river have changed."

Change, then, is the crux of life. It is a universally happening phenomenon. Such change I have seen in the untiring efforts and dedication of the AWS EDITORIAL BOARD. It has changed from good to better and from better to best. With these passing years the school has seen tremendous positive change in the skills of the students. The seeds of an idea sown many years ago have quickly come to fruition and the school is growing into a strong sapling. It is the endeavor of the Principal and the entire faculty to make academics a smooth journey full of joy and discovery.

Talking about the school magazine in hand would be a nice tool which will help you to get the glimpses of the year long happenings and accomplishments of the students. I assume that the excellence and diversity of contents would not only be edifying but also inspiring and pleasurable. In this pursuit of excellence, I appreciate our parent fraternity for supporting the school in every aspect. I also laud the relentless efforts of the patrons for giving their best in bringing out the best in each child. But I would exhort the students to be always modest, humble and disciplined, while being ready to expand the horizons of their knowledge and skills by dreaming big and working hard.

The world today is evolving at an unprecedented pace and our school is well equipped to prepare our children to face challenges that the future holds. The school exemplify the fact that sky is not the limit in the pursuit of excellence. The aim of our schools is to promote a system of integral education in a responsive environment that emphasises the harmony of all knowledge, synthesises humankind and sciences and recognises the fact that each child is unique. We believe that education should enable the students to soar high - morally, socially, and spiritually. As the chairperson of this institution, I strongly look forward the full participation and cooperation of the students and parents to help and work for transforming the dreams to reality. Let us make this place a better world to live in for all. I urge the readers to not only read the sliver writings of our students but also pour yours by sharing with us at various school forums.

**MAY THE SAPLING GROW IN TO A STURDY TREE
AND SPREAD ITS BRANCHES TO EMBRACE ALL.**



Mr. Jashvir Chaudhary
Principal



My only advice to students shall be to identify the empty spaces in our lives called interstices and use them judiciously. Learning shall become easier and creativity will follow in our acts. One doesn't have to be brilliant, only a little bit wiser than the other guys, on average, for a relatively long time. We ought to be generous with our ideas and shall indulge in discussions involving ideas only, not people.



FROM PRINCIPAL'S DESK

"Knowing what you don't know is more useful than being brilliant"

Most of us spend lives wrestling with the consequences of poor decisions. But the truth is that it's much easier to avoid stupidity than try to be smart. To begin with, let's admit we know nothing. 'Self', is removed from the equation instantly on its own. A majority of errors, while in school, are caused by forgetting what one really tries to do. We set goals, pursue them, then get distracted, only to lose what was so gleefully gained a little while ago. So tragic.

To achieve something meaningful, we ought to take pauses and realign the chosen course constantly. Let's set a north star and keep it front of mind all the time. Mimicking the herd invites regression to the mean. And if we do the same as everyone else, we will get the same results. Try doing it differently is fine, even if it seems stupid and doesn't harm anyone. We cannot control results, but certainly can control our Character, Work Ethics and above all the Willingness to learn. Who knows that better than Ayan Rand's epic novel and it's controversial character Roark in, *The Fountainhead*. Steadfast and unrelenting in his obsessive pursuit of personal ethics. The fundamental algorithm of life – repeat what works as its easy to overcomplicate success.

Everything we do creates feedback. Smart people listen more and speak less. Ask Socrates. When something goes poorly, do less. When something goes well, do it much more. Those who keep learning, will keep rising. Most people stop learning at 18. Warren Buffet is still going at 98. Knowledge is an asset that compounds over time. The more we know, the better we think and make better choices leading to great personal consequences.

As a teacher, I discovered that the best thing a teacher can do is to follow the teaching mantra of, *I DO, WE DO, YOU DO!* Again, and again, to no end. Transaction of knowledge shall never stop, and if it does, intellectual rot follows. My only advice to students shall be to identify the empty spaces in our lives called interstices and use them judiciously. Learning shall become easier and creativity will follow in our acts. One doesn't have to be brilliant, only a little bit wiser than the other guys, on average, for a relatively long time. We ought to be generous with our ideas and shall indulge in discussions involving ideas only, not people. We live at a time of constant input. Everyone wants to maximize every moment for productivity. But life is cause and effect. Decisions are the key to success. Time to think is the priority.

As a Principal, I have come to realise that the big ideas must transform into Intellectual Start Ups, and harvest its benefits to do the greatest good for the greatest number. Principles learnt from all subjects in school carry a profound impact on one's life, realised only later in life. It's high time we spend time in studying mental models and build personal a toolkit and treat it as the greatest personal asset.

And always remember whenever in dilemma, *"There is never a wrong time to do the right thing"*.



Mr. Rakesh Kumar
Vice Principal



Your mind is a computer that can be programmed. You can choose whether the software installed is productive or unproductive. Your inner dialogue is the software that programs your attitude, which determines how you present yourself to the world around you. You have control over the programming. Whatever you put into it is reflected in what comes out.



FROM VICE PRINCIPAL'S DESK

"Our attitude towards life determines life's attitude towards us."

— John Mitchell

ATTITUDE!

One of the most important steps you can take toward achieving your greatest potential in life is to learn to monitor your attitude and its impact on your work performance, relationships and everyone around you.

I generally start my class by asking a fundamental question: What attitude did you bring into this class? Often, this brings puzzled looks. In truth, students generally don't have a high level of attitude awareness. They'll know if they are hungry or if their feet hurt, but they usually don't have a good handle on their attitude. That is a mistake because attitude is everything. It governs the way you perceive the world and the way the world perceives you.

We all have a choice. We can choose an inner dialogue of self-encouragement and self-motivation, or we can choose one of self-defeat and self-pity. It's a power we all have. Each of us encounters hard times, hurt feelings, physical and emotional pain. The key is to realize it's not what happens to you that matters; it's how you choose to respond.

Your mind is a computer that can be programmed. You can choose whether the software installed is productive or unproductive. Your inner dialogue is the software that programs your attitude, which determines how you present yourself to the world around you. You have control over the programming. Whatever you put into it is reflected in what comes out.

As the saying goes, "your attitude determines your altitude." Meaning that, the type of attitude you approach life with will significantly impact the level of success you will or will not have. Typically, when someone has a bad attitude, it negatively affects their action.

On the other hand, when you have a positive attitude and outlook, you're much more likely to take action and get things done. And, not only that, having a positive attitude makes you much more likely to be supportive of others and helpful to them in whatever it is that they have going on. So, an added benefit of a positive attitude is that you're able to foster better relationships. I don't know of many millionaires or billionaires that walk around with bad attitudes. In fact, it's usually quite the opposite. They tend to have great attitudes and outlooks in life, which has allowed them to create the success they've achieved.

In order to take on a New Journey ahead, let go of your negative old limiting beliefs.

Open up your mind and let yourself fly high like an eagle!

When it rains, all birds occupy shelter. But the EAGLE avoids the rain by flying above the clouds...

The problem is common to all but the attitude to solve it makes the difference!

Don't be afraid of change...accept it gracefully...!!!



Mr. Toran Sahu
Academic Coordinator



What we hear or see is an opinion, sheer option unless proven scientifically. As a matter of fact, the whole shebang we hear is an opinion because it was quoted or noted by someone else. When we talk about our problems to someone, the responsive comments we receive are merely opinions, carrying little or no value.



MESSAGE FROM ACADEMIC COORDINATOR

Everything we hear is an opinion, not a fact. Everything we see is a perspective, not the truth.

– Marcus Aurelius

The quote suggests us to consider what populace say is their view, not fact. Can be a respected and well-informed opinion, but still, it is an opinion...!

Likewise, the quote urges us to keep in mind that our eyes do deceive us, and all that we see may not be true. Our minds often fill in details that may not actually exist.

Everything we witness and hear are filtered by our thoughts, ideas, and preconceived notions. Are we the best at being accurate understand, or speak the fact? Everything we hear is subjected to a true or false scale in the minds trying to assess the worthy value in the statement. In the simplest terms, a declaration has value if we decide to ponder over it. If we decide to ignore, its value goes to Nil instantly.

What we hear or see is an opinion, sheer option unless proven scientifically. As a matter of fact, the whole shebang we hear is an opinion because it was quoted or noted by someone else. When we talk about our problems to someone, the responsive comments we receive are merely opinions, carrying little or no value.

The complicated human mind finds it difficult to recall of what we had eaten last week or what we wore the previous Saturday. What is seen is merely a mild perception based on what we believe to be true, not actual truth. It reminded me of the story of a blind man who used to walk with the lantern at night. One night when he was out of his house some villagers teased him of carrying a lantern despite being blind. One of the villagers asked, "You are blind and can't see anything then why you carry lantern along?" The blind man smiled and replied, "I carry lighted lamp for the people who can see, because if I walk in dark the people might not see me as blind and end up pushing me to ground."

During my young days I misread a word in a novel and had a ferocious disagreement with my mentor about its meaning. I would not back down, and ultimately my mentor let me leave with my confusion intact. Eventually, I realized that I was wrong. The difference occurs when the gap between what is opiniated and what someone had been experienced. The imperfect memory fools us, or wrong perceptions lead us to arguments and breaking of relations. It happened many a times formerly around me as well. Now I regret past conflicts which were unworthy to win or cause trouble for others.

Same is true in a school environment when we hear so much spoken and that too when not needed. Listening is important but filtering out the trash is critical. I term it as a self-processing skill that sets in over a period within our conscious minds. Clean and uncontaminated self-processed thoughts always assist us in making clear choices and well-informed decisions.



Ms. Gayatri Kasera
Assistant Vice Principal



All of us expect results from the work we do, money we invest, time we spend and the relationships we build. All these aspects give us returns in a negative or positive way. Essentially, result is the natural outcome of any work we do. It is our attitude that determines the quality of any outcome or result. The attitude of never giving up boosts one's prospects of accomplishment.



MESSAGE FROM ASSISTANT VICE PRINCIPAL

The Power of Failure

Don't judge your day with the praises you received but by the mistakes which were corrected. As Nelson Mandela quoted *"Do not judge me by my success, judge me by how many times I fell down and got back up again."*

Have you ever noticed a baby who has just begun to walk? It falls several times and bruises its knees before it finally begins to walk confidently. The babies are not ashamed of rising as many times as they fall. They are not conscious of the feeling of guilt, peer pressure, parental pressure or expectations from the society. We notice that a baby tries to grasp different objects every time it strives to stand eventually, by using different strategies every time they learn to walk with the help of its own will power. It is a pleasant sight to see their jubilation by clapping hands, once they can stand up. This is the power of repeated actions with a dedicated goal. Now-a-days babies are not allowed to fall, carpets are laid all over the house so that when they fall, they do get bruises. The baby grows in the environment as soft as feather and as beautiful as heaven.

In this age of designer and readymade clothes, short cut, and easy methods of doing work. Parents design their children's future, going against the laws of nature. Unnatural ways of raising the children have made their mind weak and lost the power to strive and struggle to find their dreams. Parents over protect their children so much that children do not know the meaning of struggle. Both children and parents give up very easily.

Alas! The world around us is not just heaven of smooth sea but also full of adversities. **Franklin Roosevelt once said, "A smooth sea never made a skilled sailor."** All of us expect results from the work we do, money we invest, time we spend and the relationships we build. Essentially, result is the natural outcome of any work we do. It is our attitude that determines the quality of any outcome or result. The attitude of never giving up boosts one's prospects of accomplishment. It means failures repeatedly, learning from our mistakes, and moving on. When we accept failures as progress, we get closer to our goal as we learn how to succeed. Failures teaches resilience and resilience is a common quality of successful people in all walks of life.

Thomas Edison said, "I have not failed 10,000 times but I have successfully found 10,000 ways that will not work. Remember one thing repeated failings do not automatically lead to success. It's the association one has with those failures that makes the difference. If one fails and does not learn from the experience, the future holds dramatic failure.

"Every adversity, every failure, every heartache carries with it the seed of an equal or greater benefit."



Ms. Ankita Sharma
Headmistress



A child's first learning experience has a significant impact on his physical and social-emotional development. Therefore, it is the responsibility of teachers to provide children with the proper education that would transform their lives and ensure everyone grows up to be responsible members of society.



MESSAGE FROM HEADMISTRESS

Key benefits of Pre-primary education for kids, from the viewpoint of a teacher

The well-known English philosopher John Locke wrote in his work "An Essay Concerning Human Understanding" that a newborn's mind is like a blank page without any content. Toddlers learn about the world by gathering knowledge about the various objects in their surroundings. Therefore, a child's first learning experience has a significant impact on his physical and social-emotional development. Therefore, it is the responsibility of teachers to provide children with the proper education that would transform their lives and ensure everyone grows up to be responsible members of society.

According to psychologists, children between the ages of 3 and 5 gain tremendously benefits because it helps with their general development. Toddlers are given a supportive learning environment in preschools so they can acquire the fundamental life skills they need to face the world with confidence. The following are few advantages of early education that give your child a head start on a happy and healthy future:

- **Promotes child's attentiveness**

Toddlers have a lower attention span than adults as they are naturally curious and active. Children's concentration is improved through the early childhood education provided by pre-primary schools. For kids to follow instructions, they must do daily chores on their own, or actively participate in group activities, it also teaches them to listen well.

- **Improves cognitive Skills**

The development of young minds' cognitive abilities is significantly aided by preschools. The enjoyable learning environment encourages toddlers to solve problems, pay close attention to details, and ask questions to pique their curiosity since they have the chance to participate in a variety of practical activities.

- **Encourages curiosity**

Toddlers have a natural desire to learn about their surroundings from birth. They have a vibrant imagination and a constant desire to learn new things, meet people, and experience different places. The child's curiosity and inventiveness are encouraged in early childhood education to help them develop into independent learners.

- **Encourages teamwork**

Pre-primary classes utilize enjoyable strategies to encourage toddlers to cooperate in a team in order to help your kid develop social skills. Pre-primary teachers educate kids how to work cooperatively in a group atmosphere to accomplish a shared objective by developing team spirit in young minds. So that the team may work without interruption, the youngster learns to appreciate the opinions of his teammates and becomes a good listener as a result.

- **Strengthens social and emotional capabilities**

How to do that in developing a sense of self, preschools prepare kids to become socially and emotionally aware. Preschools also encourage social connection because your child will have the chance to make friends with her classmates.

HAPPY EARLY CHILDHOOD EDUCATION!



Teachers Day Celebrations

The school got a new look, and all were seen giving bountiful wishes to the Teachers. The Students Council got together and dedicated a show for all Teachers showing gratitude and seeking blessings. The Management honored all the Teachers with a memento on the occasion. The day ended with a renewed bonding among all students and teachers.



Me & Mom Garba Celebration

After two years of wait, finally the festive arrived. Bright lights, traditional hindu religious music and colorful Indian outfit greeted all. The grandeur of Navratri Celebrations across the lush green Academic world school campus was certainly worth watching. The festive season marked its beginning with celebration and worshipping nine avatars of Maa Durga. The school was completely adorned out in lights! Thinking of Splendid celebrations, made each of us extremely happy. Students, Teachers, Moms decided to fully participate dressed in traditional Indian wear for this event.

EDUCATIONAL TRIP : Exploring the Heritage of North



Excursion and trips are inseparable part of school education as they broaden the vision & perception of students about historical background, cultural heritage, natural beauty, social life, scientific achievements of our country. AWS students got an opportunity to explore the world-famous tourist destinations, natural beauty, most sacred place of worship of Sikh community, feat of engineer marvel (Atal Tunnel) all in one go by opting to join the education trip to Delhi-Amritsar-Manali between 15th Oct- to 21st Oct. Total 36 boys 25 girls from classes VI-XII along with 6 staff members started their journey on 15th Oct from Raipur Airport. For some students it was their maiden journey by air.

They were informed about the guidelines specifically required to follow to travel by flight (luggage packing, weight limit, check in, scanning of luggage, boarding pass). Students went to Prime

Ministers Museum, Museum at Rashtrapati Bhawan, DFL Mall, War Memorial, and India-Gate in Delhi. Then they boarded on 16th Oct Shatabdi Express to Amritsar.

Jalliwala Baag is the place where every Indian should visit to see and feel ground situation of the brutal massacre of 1919. Golden temple is the place where every Sikh visits as many times as he/she can to worship the Founder Guru of Sikh faith. Witnessing the beating retreat ceremony at Wagha-Atari border is a lifelong experience. Bus journey to Manali provided enough time to have fun time with team members- students had a memorable journey. Hidimba Temple, Rohtang Pass, Shawl factory are the attraction points of Kullu-Manali. Atal Tunnel is the masterpiece of engineering feat. Adventure activities provided thrilling experience to students. Students got first chance in their life to feel the thrill and adventure of Paragliding, Bungee jumping, Zip line.



CHILDREN'S DAY CELEBRATIONS

A Day to Rejoice the Art of Being a Child



It ever brings such delight to see the little flowers bloom, and such was a scene embraced on the morning. The day started with the school, students being welcomed by their teachers in a special morning assembly which concluded with prayers and thought-provoking messages to highlight the importance of the day.

Formal celebrations began with Pre-primary teachers presenting a dance with an essence of Drama which lit of the faces of their audience which were next welcomed by the Female Dance Group leading a beautiful and mesmerizing show to watch. Following this performance was a playful skit which successfully gathered cheers from the school heads. The morning witnessed the celebrations with all its valor where the students were enjoying their time with teachers as teachers made their best to be a child. Moreover, to keep the attentions intact, a melodious song was presented by our dearest teachers accompanying which was an energetic drama act which took the students in awe! All students felt blessed.



Artificial Intelligence Training for IT Teachers



The school faculty members are always encouraged to stay updated with new skills and learn about technologies on a regular basis. The era of AI is booming, and it's time for our students to come out from the shell and explore Artificial Intelligence with new technology can help at their everyday life. The CBSE has partnered with Microsoft to conduct Online Training sessions. The trainees, Mrs. Pooja Tiwari and Mrs. Lipi Basu participated in a week long training, learning a range of fundamentals for block coding and programming, as well as important information on Data Science. Leveraging AI tools for classroom learning are being built through teacher training sessions.



CHILDREN WITH CG SUPERSTAR

Padma Shree Awardee & Chhattisgarh Superstar Sh. Anuj Sharma ji, visited Academic World School and interacted with Boarding House students, creating Buzz and Excitement all around.



CLEAN CAMPUS- GREEN CAMPUS

Caring for surroundings is caring for a green campus. Boarders contribute immensely in keeping campus green on every weekend.



A HEALTHY MIND IN A HEALTHY BODY

To develop healthy bond with students – The boarders and The Teachers played friendly matches.



BIRTHDAY CELEBRATIONS



To inculcate the values for life and to develop a sense of togetherness, the boarders celebrate Birthday on the last day of every month.





SUNDAY ORIENTATION

A healthy relationship does not drag you down, but it inspires you to do better. An Orientation was held on *Handling Relationships* with the hostel girls (Grade 6-9) in the School auditorium.



SPECTACULAR LUNAR ECLIPSE

Science teaching is not confined within the four walls of the classroom. Students got an opportunity to witness the lunar eclipse in the school campus- arranged by the science department.



CHILDREN'S DAY CELEBRATIONS

Boarders getting together to celebrate 'Children's Day!'



READY FOR SCHOOL

Boarder Girls all dressed up for the school.



INTER HOUSE VOLLEYBALL FINAL MATCH

Inter House Volley Ball final match for Boys Boarding was conducted between Aryabhata and Bhabha House. Aryabhata House emerged as winners of the Tournament. A Friendly Volleyball Match was also conducted between Teachers and Students. Finally the student's team won convincingly.



INTER HOUSE BASKETBALL MATCH

Inter House Basketball Final Match of Boarding House (Boys) was held. The Final match between Aryabhata House and Bhabha House. Aryabhata House won the match by 21 points.



INTER HOUSE KHO- KHO

The game of kho-kho contested had a thriller game of Kho-Kho Finals (Boys). Kalam House emerged as Winners in a close tussle defeating Raman House by Six points.

INTER SCHOOL KNOCK OUT FOOTBALL TOURNAMENT



The school organized an 'Inter School Knock Out Football Tournament'. Total six teams from the Bemetara District participated along with two teams from the host school. The final was played between GPS Kawardha and a Team of AWS. GPS lifted the Champions Trophy overcoming the Host Team by 2-1.

KIDS FIT DAY : THE JOY OF SPORTS



Sports are sources of exercise, means of team building and a popular way to meet new friends to forge strong connection with one another!

One more memorable day was added in the memory of Academic World School, the "ANNUAL 7TH KID FIT DAY" was held with fun and frolic. The theme was Safety, Security and Prosperity of Nation.

The participants exhibited their kinesthetic and Gross Motor Skills in Races & Drills based on Safety, Security and Prosperity for the Nation. The kids participated in various events like Hockey Pocket Drills, Running Cheeta Race, Peacock Drill, Fish Race, Dancing Spokes Drill, Balancing Kiddies, Pyramid & Posture Drill, River Crossing Race, Navy Drill, Rescue The Captive Race and Rock & Roll Race.

To reminisce and re- live the childhood, races were organised with parents as well. Also, Parents showed their fitness and strength in 'Tug of War', with Teachers team. The parents tugged well to win.

The Navy and NSG Drills were the highlights that reflected the true patriotism to the much appreciation of the gathering. Students were honoured with the prizes by The Chairperson. The zeal and vitality of the Sport Event could be felt all around the school campus.

INTER SCHOOLS MUSICAL FEST



Inter School Fest was held by the "Mann School New Delhi" under the flagship of AFS(American Field Service). It was a music competition. The school took the privilege to participate in both solo as well as group performance. The group performance included several instruments whereas solo performance included tabla. Both the performances were shortlisted and the solo performance secured 2nd position in SWAR-SADHNA TAAL TARANG (tabla solo) at all India level by PUSHPENDRA DEWANGAN (GRADE 12th) supported by ARYAN DUBEY (GRADE 12th) (keypad player).



Achievement

Kudos to Rishabh Chandrakar for successfully qualifying in JEE Advance Exams.
Congratulations!

INTER-HOUSE RANGOLI COMPETITION



Inter House Rangoli Competition was held to bring out the creativity among students all the four houses put up a mesmerizing display of colorful rangoli on the theme 'Lord Ganesha'. Each house exhibited their expertise in the Rangoli making with unique design and combination of colors.

INTER-HOUSE DISPLAY BOARD COMPETITION



Inter House Display Board Competition was organized to depict various festivals of India from various faiths. Students utilized this opportunity to learn various aspects of the festivals' celebrations, their mythological and scientific reason for existence, and their observance of the occasion in various states. Bhabha and Raman houses stood first and second respectively, followed by Kalam and Aryabhata Houses.

Guru Nanak Jayanti 2022

UPHOLDING HONOR AT ALL TIMES



On Guru Nanak Jayanti, Gurupurab was observed in school with reverence. The students came clad in traditional Sikh attire and the assembly commenced with Gayatri Mantra followed by a demonstration of the customary Prabhat Pheri. Prabhat Pheri was followed by the marvelous presentation of Shabad.

Prior to the above celebrations, Pre-Primary students visited the local Gurudwara to seek blessings.



Educational Field Trip

On 12th Nov 2022, 66 students with 3 teachers went for a field trip to the VAKRANGEE LLP & Solar unit for the subject Business Studies and Entrepreneurship. Purpose of the trip was fulfilled

They were able to connect their classroom studies with the real-life experience of the manufacturing process. The student visitors witnessed the working of the factory and the work culture very minutely.

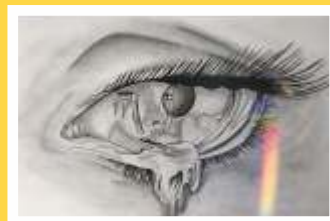
The students had conversation with the top management and labors and discussed the working of the factory and the level of managements. Discussions included many perspectives like:

- Principle Of Management
- Marketing Management
- Stock Exchange
- Business Environment
- Business Plan And Market Survey

By the end of the day, the student visitors had certainly ended enhancing their knowledge about various aspects of business.



Creativity@AWS





Ms. SARIKA JAISWAL
COMMERCE (PGT)

LIFE AS WE KNOW IT

Just let it go.

Forgive it, forgive yourself, forgive others.

You know better, you do better. Do all you want to do with a loving heart, and it will never lead you astray. Love is the solution.

Let love lead the way. Follow your heart and what makes your heart sing. Figure out your passion, your gifts and talents and share them with the world. And

love yourself above all. We are all learning and growing and helping each other find the way back to love (of self, of others, of this beautiful world we have been gifted by life to experience and enjoy).

The rest, that past stuff... Lessons in what love was not... just temporary feelings, temporary thoughts, temporary experiences from often temporary people and it is all in the past and not now... Now is where you take the wheel of your life...

And if you want understanding - What others chose to do was from their place of pain. If you want closure - they were exposed to environmental factors as children during developmental stages where their young mind learnt to associate love with pain. Most adults don't know how to process their own emotions, now imagine a child exposed to what you have experienced...

They absorb everything. And then their fractured psyche goes out into life repeating those emotional experiences with each interaction with others. It's the inner soul guiding the individual to heal those core wounds so they finally realize the only thing that you can control is self-all driven by emotions and beliefs. You were not at fault. All have been hurt and were taught how to hurt themselves and each other with their own thoughts and feelings and acting out those past emotional experiences on each other, instead of loving themselves and each other and understanding that emotions are the soul's GPS to identify preferences and what does or doesn't serve love not to hurt ourselves or others with.

Just let it all go. All of it, to give yourself peace and forgive yourself and others for not knowing better.

WHY GOD MADE TEACHERS?

When God created teachers,
He gave us special friend
To help us understand this world,
And truly comprehend.

The beauty and the wonder,

Of everything we see

And become a better person

To know each discovery.

When God created teachers,

He gave us special gift

To show us path in which we can grow

So, we all can decide

How to live and how to know



Ms. PREETI SAINI
ECONOMICS (PGT)

What's right and what's wrong,

So, we can learn how to be strong.

Why God created teachers,

In his wisdom and grace,

To help to learn and to make

A better, a wiser place.



Ms. ABHINI T.
English (TGT)

My Shadow

Phoebus shines at full swing
In an autumn morn
My mulberry arrayed with new leaves.
And decked with ruby and snow.

The breeze loaded with wild fragrance
Sits on the delicate twigs.
Berry smiles
A soft smile with a blush countenance !

An annual guest, a migrating bird
A golden finch
Skating through the air
Spreading its honey drops.

Sat on a twig, fluttering
Berry shakes a little
As if she doesn't like it
A sign of unwillingness.

Chirping, fluttering
Her finch plays lyre like a charmer
The chime of lyre lulled her
Berry fell down over the meadow spreads below.

The Aegean passed by her
Recalls her of her past
Oh! What a pet she was!
She was the pet of that rosy girl.

Rosy lass with plum cheeks
Planted her by the Aegean
As her parents planted her
By the side of the river in a chateau

Plangency of Aegeus
Awoke her
There sat the blase monger
With bleedy beak
Flew away away away
To the deep bluish horizon

Oh! Costermonger,
You left me alone
If I've a rebirth
I'll see ye in the bank of Sarayu !



Time vs Priority

Mr. MANJIT SINGH
ECONOMICS (PGT)

Everyone has been in a situation where he or she was unable to manage time. While in the surroundings, he must have seen the people who are doing well with all their tasks and almost on time. Take the example of legendary cricketer Sachin Tendulkar, hockey veteran Major Dhayan Chand, or any other famous personality. Do you believe everyone made it in time? Everybody says yes. But, in my opinion, no one can manage time because time is the same for everyone, no more, no less. What we must do here to manage the priorities. Take the case of Sachin Tendulkar. If he chooses to study rather than play sports, he will devote more time to studying, meaning priority is given to studying and secondarily to playing sports. The same example applies to the others mentioned above. Managing the time is not important; we are just managing our priorities.

As a student, we must know the art of priority management. At the beginning of the session, our priorities are different than at the end of the session. In the beginning of a session as a student, everybody is curious to know about the books, teachers, classroom, subjects, etc.; in this case, everybody has managed very well. Our priorities shift just before the summer break; everyone is in vacation mode and there is pressure to complete vacation tasks in the next few days. Few students give priority to spending time with family or visiting a hill station over completing the vacation tasks. Priorities, on the other hand, shift during exam time, and the emphasis will shift toward completing notes, purchasing sample papers, practicing previous year's question papers, and so on. As a teacher, we observe that some student complete the task while others do not. Everyone gets same 24 hours to begin with. Focus must be on managing the priorities, not the time. Now the question is, how can we manage the priorities? First, we set the task as "first come, first served." The emphasis shall be not to manage time rather, priorities should be established, and time will be managed automatically.



अनिल कुमार माखिजा
हिंदी (पी.टी.)

राहों का अन्वेषण

अपेक्षाएँ व्यक्ति के जीवन में मुख्य किरदार निभाती हैं। जब से हमारा जन्म होता है उसी समय से यह सिलसिला शुरू होता है। विद्यार्थी जीवन में और सामाजिक परिप्रेक्ष्य में भी यह अहम भूमिका अदा करती है किंतु हम आसपास के परिदृश्य पर विचार करें तो आए दिन शारीरिक और मानसिक शोषण, क्रूरता, निर्दयता और हिंसा की खबरें दिल को दहला देती हैं। किशोरावस्था में विशेष रूप से दिशाहीन होना इसका मुख्य कारण है। इस आयु में लगभग सभी विद्यार्थी की भूमिका में ही होते हैं। उनमें से कुछ विद्यार्थी ऐसे भी होते हैं जिनके द्वारा कई प्रकार की समस्याएँ सामने आती हैं।

जैसे:

- शिक्षकों द्वारा पढ़ाए जाने पर उनके तथ्यों का दोहरा अर्थ निकालकर उपहास करना।
- अपने विपरीत लिंगी का आदर न करना तथा उनके प्रति कुविचार रखना।
- दैनंदिन जीवन में अभद्र भाषा का उपयोग करना।
- पढ़ाई के नाम पर पालकों से मोबाइल फोन लेकर अश्लील और असामाजिक वेब सीरीज देखने में प्रवृत्त होना।
- पाठशाला में अन्य विद्यार्थियों का उपहास करके उन्हें असहज महसूस कराना।
- शिक्षकों के आने के पहले कक्षा में शोरगुल आदि करना।
- अपराधी गतिविधियों की ओर प्रवृत्त होना।
- यौन गतिविधियों और विचारों की ओर आकर्षित होना आदि।

उपरोक्त सभी गतिविधियाँ वर्तमान परिदृश्य में अधिकतर विद्यार्थी जीवन में नज़र आती हैं। इसी कारण किशोरावस्था को तूफान की अवस्था भी कहा जाता है इस हेतु विद्यालय में उनकी समस्याओं को भाँपकर उचित कदम भी उठाए जाते हैं।

जैसे कि—

- शिक्षकों द्वारा विद्यार्थियों को उचित व्यवहार करने हेतु समय—समय पर हिदायत दी जाती है।
- लिंग-समानता होने तथा परस्पर आदर भाव का निर्माण करने हेतु उन्हें एक साथ कक्षा में बैठाया जाता है ताकि वे एक—दूसरे की भावनाओं और विचारों का आदर करें।
- छात्रावास में मोबाइल फोन इसलिए प्रतिबंधित किए जाते हैं ताकि विद्यार्थी पढ़ाई में अधिक प्रवृत्त हो सकें तथा शैक्षिक सहायता हेतु केवल संगणक का उपयोग करें पालकों से भी यह अपेक्षाएँ रखी जाती हैं तथा संबंधित नियमावली स्पष्ट की जाती है।
- सामाजिक गुणों का विकास करना, मिल-जुल कर रहना और एक दूसरे की सहायता करना सिखाया जाता है।
- विद्यार्थियों को यौन शिक्षा भी दी जाती है ताकि उन्हें अपराधिक दुर्गुणों से दूर रखा जा सके।

यदि इन सभी गुणों का विकास छात्रों में नहीं होगा तो आज समाचार-पत्रों में हम जिन दुष्कर्मों, चोरी, हैवानियत और दरिंदगी की दास्तान पढ़ते-सुनते हैं वह भविष्य में और भयावह रूप लेने में देर नहीं करेंगी। आज शासन ने कई कड़े नियम बनाए हैं लेकिन विद्यार्थी जीवन में ही हम यदि अपने प्रत्येक कार्य को करने, सुनने, बोलने, देखने, सोचने आदि पर विचार करेंगे तो हम निश्चित ही अपनी और अपनों की अपेक्षाओं को पूरा कर सकेंगे। अतः आवश्यक है कि सदा सोच-विचार कर अपनी राहों का अन्वेषण करें।

हमने क्या खोया क्या पाया....?

जब पूछते हैं जिंदगी से,

क्या खोया और क्या पाया?

क्षण-क्षण बदलती है प्रकृति में, मन, बुद्धि और यह सुंदर काया।

हम हर्षित होते हैं पाकर कुछ, पर होता है उसमें भी विछोह की छाया।

हमने क्या खोया क्या पाया....?

बाल्यकाल देकर युवा पाया, युवा देकर बुढ़ापा आया।

कर्मवाद है विश्व का मूल, भगवतगीता ने हमको यह बताया।

प्रगतिशील हो समस्त संसार यह, भारत ने, विश्व में यह ज्योत जलाया।



गणेश चन्द्रवंशी
हिंदी विभागाध्यक्ष

'वसुधैव कुटुम्बकम्' की भावना लेकर, महामानवों ने यह अलख जगाया।

चलते रहो, बढ़ते रहो, कर्तव्य मार्ग पर डटे रहो,

जिंदगी से हमने यह उत्तर पाया.....

जिंदगी से हमने यह उत्तर पाया.....।



राजलक्ष्मी कश्यप
हिन्दी (टी.जी.टी.)

वो जुनून जिसने सबकुछ बदल दिया

यह सवाल कई बार मेरे जहन में आता है कि क्या ज़िद और जुनून सबकुछ बदल सकता है ?..... हाँ, बिल्कुल बदल सकता है। 'हौसला' और 'आत्मविश्वास' बढ़ाने के लिए की गई ज़िद, ज़िद नहीं बल्कि ज़िंदगी में जीत हासिल करने और आत्मविश्वास बढ़ाने का सबसे आसान तरीका या हथियार है।

ज़िद... नाम है उस हौसले का जिसमें नामुमकिन को भी मुमकिन बनाने का जुनून हो। ऐसे ज़िदी लोग बहुत कम होते हैं जो दुनिया को अपने मजबूत इरादों के सामने घुटने टेकने पर मजबूर कर देते हैं। मुझे याद है वो नाम जो मैं कभी नहीं भूल सकती 'अरुणिमा सिन्हा' 'माउन्ट एवरेस्ट फ़तेह करने वाली भारत

व विश्व की पहली दिव्यांग महिला है। बल्ब का अविष्कार करने वाले 'थॉमस एल्वा एडीसन' को कौन नहीं जानता बचपन में इन्हें कमजोर बुद्धि वाला कहकर स्कूल से निकल दिया गया था। उन्होंने अपनी प्रतिभा और मेहनत के दम पर हजारों जीवन को रोशन कर एक अनमोल तोहफा दिया जिसे हम सब जानते हैं। मेरी ज़िंदगी में भी कई ऐसे मुकाम आए जब मुझे लगा कि अब मैं पहले की तरह जीवन नहीं जी सकती क्योंकि कैंसर ने मेरी ज़िंदगी ही बदल दी थी। कैंसर ने मेरे शरीर पर कब्ज़ा कर लिया था, अंदर ही अंदर मुझे खोखला बना रहा था। ऐसी और भी चीज़ें हैं जिनके बिना एक साधारण सी ज़िंदगी जीना भी नामुमकिन सा लगने लगा था। मेरे शरीर का हर एक अंग जैसे अब जवाब देने लगा था। पर मेरे हौसले और ज़िंदगी में न हार मानने के जज़्बे ने ज़िंदगी बदल दी। कैंसर को भी मात दे दिया। अफ़सोस के 21 दिन बाद ही अपने लक्ष्य की ओर बढ़ना शुरू कर दिया। जब मैंने 'हेलेन केलर' से प्रेरणा प्राप्त की। हेलेन केलर ने अपनी अपंगता को भी मात दे दिया और दुनिया को यह सिखाया कि अगर आप अपने लक्ष्य के प्रति ईमानदारी, दृढ़ संकल्प, कठिन परिश्रम और मेहनत करते हैं तो आपको अपने लक्ष्य तक पहुँचने से कोई नहीं रोक सकता। इसी तरह से मेरे हौसले और जुनून ने मुझे आत्मनिर्भर बनाया है। जुनून ने मुझे आगे बढ़ना और पीछे न मुड़ना सिखाया है। ये पंक्तियाँ चरितार्थ करती हैं-

"जब जज़्बा हो जितने का
उसे हार भी क्या हराएगी,
बस हौसले बुलंद रखो
'मात'भी शरमाएगी।"

शिक्षक की कलम से ...

प्रिय पाठकों/अभिभावकों आज मन में यह विचार आया कि कुछ लिखूँ, अचानक मेरा दूसरी कक्षा में पढ़ने वाला भतीजा सामने आया और उसने मुझे कहा - "ताऊजी! मुझे थर्टी टू (32) पेज नंबर से थर्टी फाइव (35) पेज नंबर तक हिंदी पढ़ कर जाना है, क्या आप मुझे हिंदी पढ़ा दोगे।" मैंने उसे कहा - "क्यों नहीं बेटा! जाओ अपनी किताब लेकर आओ, परन्तु एक हिंदी शिक्षक होने के नाते मेरे मन में एक प्रश्न कौंध रहा था। मैंने उसके आते ही एक प्रश्न पूछा - "बेटा! एक बात बताओ बत्तीसवें पृष्ठ से पढ़ना है ना..?" वह मेरी तरफ बड़े आश्चर्य से देखकर बोला - "बत्तीस मतलब ????" मैंने कहा - अभी तो तुमने कहा था थर्टी टू (32) पेज से पढ़ना है, क्या तुम्हें हिंदी गिनती नहीं आती, वह अपराधबोध से मेरी ओर देखकर बोला - "मुझे इंग्लिश में गिनती आती है, वो भी वन थाऊसंड तक, अपराधबोध उसके चेहरे पर स्पष्ट रूप से झलक रहा था और स्पष्ट रूप से पता चल रहा था कि वह अपनी गलती पर पर्दा डालने की कोशिश कर रहा है। खैर! मैंने उसे सबसे पहले हिंदी गिनती १ से १०० तक अंकों एवं शब्दों में लिखवाई।

इसके बाद जब मैंने उसकी हिंदी की किताब खोली तो मैं अवाक रह गया, उसमें सभी पाठों के शीर्षकों के सामने अंक हिंदी की बजाय अंग्रेज़ी में लिखे हुए जैसे:- 1. मुनमुन चिड़िया का घर। इसी प्रकार सारी पुस्तक में पृष्ठ क्रमांक भी खासकर हिंदी की पुस्तक में अंग्रेज़ी में अंक लिखे हुए थे।

दरअसल तब मुझे एहसास हुआ कि मैं इस लेख के माध्यम से आप सभी पाठकों का ध्यान इस ओर आकृष्ट करूँ कि आज सबसे बड़ी खुशी की बात है कि आज हमारे बच्चे फर्रटिदार अंग्रेज़ी बोलने और लिखने में समर्थ हो रहे हैं और वैश्विक स्तर पर जुड़ने के लिए ये आज की जरूरत भी है, परन्तु उसी प्रकार हमारे देश की उन्नति, तरक्की के लिए उसी प्रकार प्रशासनिक क्षेत्रों में या अन्य किसी सामान्य और विशिष्ट क्षेत्रों में भी कार्य करने के लिए हिंदी का ज्ञान भी उतना ही आवश्यक है क्योंकि आज सभी विकसित राष्ट्र इसलिए भी विकसित हैं क्योंकि वे हर क्षेत्र में अपने देश की भाषा को प्राधान्य दे रहे हैं, और ऐसे में हमारे बच्चों को हिंदी गिनती का ज्ञान (अंकों एवं शब्दों में) न होना यह दुःखद है। हालांकि यह समस्या सभी बच्चों की नहीं पर अधिकांश बच्चों की है।

इसमें दोष बच्चों से ज्यादा इस बात का है कि जिस प्रकार सभी भाषाओं की पुस्तकों में अंकों का प्रयोग उसी भाषा के अंकों का प्रयोग होता है जैसे अंग्रेज़ी, मराठी या अन्य भाषा की किताबों में जो ठीक भी है परन्तु हिंदी की पुस्तकों में, प्रश्नपत्रों में, पाठ के शीर्षकों में पृष्ठ क्रमांकों में हिंदी अंकों का प्रयोग न होना और बड़े-बड़े शिक्षाविदों का मानना है कि बच्चे देखते हैं वही सीखते हैं।

अतः यदि आप में से जो कोई भी इस लेख को पढ़ रहा है तो आप सभी इस अभियान में साथ दें या अपनी आवाज़ (एन सी ई आर टी) एवं (सी बी ई सी) जैसी शैक्षणिक संस्थाओं में अस्थायी पदुधारि कि हिंदी पुस्तकों में नर्सरी से बारहवीं तक अंकों का प्रयोग हिंदी में किया जाए जैसे पाठ १ मुनमुन चिड़िया का घर।

नहीं तो शायद किसी लेखक के लेख का शीर्षक होगा - "हिंदी भूलता हिन्दुस्तान"



आनंद शांडिल्य
हिन्दी (टी.जी.टी.)

मेरे जज्बात



SUMAN AGRAWAL
PRT MATHEMATICS

मेरे पास नहीं है तुम्हारी तरह चूल्हा चौका, मैं कहाँ से खाऊंगा....

पर मेरे जैसे तुम भी तो जीव हो, लौट कर मैं तुम्हारे ही पास तो आऊंगा....!!

फिर जो आ गया गलती से तुम्हारे आंगन में, मुझे भगाने के लिए उठा लेते हो अपने पांव को....

काश तुम देख पाते मेरे अंदर पनपते इन धावों को....!!

मैं भी तुम्हारी तरह माँ के गर्भ से ही तो जन्म लेता हूँ, पर बेच आते हो तुम मेरी माँ के जज्बातों को....

अपने रिश्ते तो समझते नहीं तुमसे, क्या समझोगे तुम मेरी

माँ से मेरे इन नातों को....!!

हंसते हो तुम मेरी सूरत पर, पर हंस कर कहा तुम जाओगे....

भगवान देख रहा है हम दोनों को, अगले जन्म तुम मेरे जैसा जीवन पाओगे....!!

मेरा ही एक प्रजाति पर इतना प्यार लुटाते हो,

फिर आ जाऊँ मैं जो दर पर तुम्हारे, मुझसे मुह फेर तुम जाते हो....!!

कभी चुपचाप गुजार ना मेरे सामने से ॥2॥

कुछ नहीं करता हूँ मैं....

तुम मारने आए हो मुझे, यह सोचकर ही तो डरता हूँ मैं....!!

तुम्हारी ही गलतियों को भुगतते आज, कहीं खो गया हूँ मैं, पर क्या देखने आए थे तुम,

कि आज भी भूखा सो गया हूँ मैं.....

तुम्हारी ही पढ़ाई से सुना मैंने कि जानवरों के पास तो दिमाग नहीं होता....

पर यह कहना क्या गलत नहीं, कि जानवरों को कुछ एहसास नहीं होता....!!

मुझे तो हंसा भी नहीं आता, मैं क्या खुशी मनाऊंगा जानवर हूँ न, मैं किसी इंसान का कहां बन पाऊंगा....

प्यार ना सही पर अपनी नफरत का शिकार मत बनाओ मुझे....मेरा एक छोटा सा परिवार है, अब मार कर मत खाओ मुझे

मुझ पर थोड़ा सा एहसास करो तुम....

मेरा थोड़ा सा सम्मान करो तुम

मेरा थोड़ा सा सम्मान करो तुम



Learning to be Happy

Mr. PUSHPENDRA MISHRA
MATHEMATICS (PGT)

When we learn something new, we are very excited about it. When we expect something in future, we want that thing to happen as early as possible. We do not delay it or postpone it. When someone dear to us is coming to meet us, we look at our watch many times in an hour which shows that how eager we are to meet the person. Then why does it happen that we always leave things for tomorrow when it comes to studies? Have we ever thought about it, that why do we always postpone studies? Probably because we do not involve ourselves hundred percent in studies and expect the results.

When we are only interested in the results, do not involve ourselves in the process and do not enjoy the journey, it causes boredom. Studying regularly is also a process which must be enjoyed by being involved into it one hundred percent. Every moment at present is a gift of God which once gone, never comes back so let us enjoy it without worrying about future. Let us learn something new from everything around us. There is nothing that can stop us from learning. If we are firmly determined it is never late for a new beginning. Even a small ant teaches us this. To fail is not a defeat but not try again is a defeat.



Shauryaa Sahu
Grade IX

GETTING OLDER

Growing up seems scary. Isn't it? The thoughts of becoming an independent grown up person and that we've to look after ourselves when we grow up are a hassle. From where I am standing, I think we are growing up so fast. It feels like it was yesterday when I started my first year in high school even so it's ending in three months.

Remember when we were five or six, all we wanted and could think of was growing up. We even play pretend being adults. However, when our childhood wish is really becoming a reality it terrifies us. We can't withstand the fact that we are really growing up.

In contrast to being it fearful, growing up is a pleasure. Growing up is exciting. You could do everything you wished you could do when you were a kid. You couldn't have any restrictions, taking your own life decisions and living the way you've always wanted to. Everything about getting older is fun.

Growing up is a crucial phase of our lives. We get older each day and each day is a lesson. Every day we get new learnings and we become a little grown up. So, our responsibilities aren't as difficult as they seem to be. You just need to make a little more effort towards them and you'll be done. You'll learn to become responsible, become independent and most crucial become grown up.

Today is the oldest you'll ever be and the youngest you'll ever be again. Therefore, remember that each day you are a little more mature and better version of yourself. So, be ready to face those responsibilities and get older. It is meant to be lived and cherished lifetime.

THE DUE DREAM

Despite just love, the parents also have their expectations, their dreams for the child. One of the best moments in a couple's life is to become a parent, since a little soul is born in a family, the parents treat their child like a delicate rose. Parents always expect their child to be disciplined, honorable and well-behaved,

Although the mannerism could take a little turn in the child's life when he goes to school. School is a legitimate place not just for learning but also for learning how to be disciplined and well behaved. The parents expect their child to be doctor, engineer or to be an officer of the law but sometimes all the child does is to be a disappointment. Parents invest their money for the child's education and all he does is to go partying, wasting his/her teens and all the parents could do is to regret. In the 21st century, many of the children are going to the wrong path, the path where they should not be.

Parents always want their child to be settled, have a family and life. No parent expects bad for their child, but all the child does is make the parents regret their effort. Parents cry in agony through the bottom of their heart when the child turns out to be a disappointment, their expectations, dreams die in that painful agony inside of their heart. Some kids grow up to become some great personalities, but many kids make their parents' expectations.



SWARAJ SINGH
Grade XI



THE SOCIETY

SAMRIDHI KATARIYA
Grace XII

The so called society
Says who, the so called society
Don't do this, you're no good
Just give up, not your cup of tea
Says who, the so called society

You're just a girl
Check your dress
Wear this, wear that
Says who, the so called society

Laugh like this,
Sit like that,
Talk like this,
Walk like that,
Says who, the so called society

Men don't cry
You, stronger than girls
Everywhere, every mind,
Disturbs who, the so called society

Let me know who 'the so called society' is....
The one who lets you down,
The one who pushes you back,
Is this 'the so called society'?



Living far from HOME

PURVI RATHI
Grade XII

"I miss Maa, Paa", murmured I
Looking at the moon thinking them under the same sky.
It's been two months since I last saw them smile,
Cause, I was now trapped in a place far hundreds of miles.
The place, as it seemed a jail in my eyes,
Has now transformed into second home of mine.
Tons of friends made, lots of people known hundreds of
crimes done, series of struggles made list of lessons learnt
and bundles of memories remain like a film recorded in
the tape of Polaroid.

The best life, they say unrealized
Comes at the cost of leaving many things behind,
The best life, they say unconfined
Comes with a lot of discoveries of one's mind,
The best life, they say indeed
Is meant to be lived and cherished lifetime.

Creativity with Heart & Mind



Junior Wing of Academic World School conducted Inter House Art and Craft Competition on the Theme - Festival. Students enthusiastically participated bringing out their creativity and grabbed positions of their house

Individual event

- Grade III-IV : Diya and Thali Decoration
- Grade V-VI : Pot and Lantern Making
- Grade VII-VII : Toran Making

Group event

- Rangoli : Festival
- Entrance Decoration: Festival

GRADE III-IV RESULT

Name	Class & Section	House	Rank
Divyanshi Kedia	IV B	Raman	1st
Drishti	IV A	Aryabhata	2nd
Mayank Purena	IV C	Kalam	3rd

GRADE V-VI RESULT

Name	Class & Section	House	Rank
Pihu Agrawal	VI D	Aryabhata	1st
Sidhartha Motwani	VI C	Raman	2nd
Riyansh Parakh	VI C	Bhabha	3rd

GRADE VII-VIII RESULT

Name	Class & Section	House	Rank
Shraddha Sahu	VII C	Aryabhata	1st
Vaishnavi Choubey	VII C	Aryabhata	2nd
Shivangi Chandel	VII D	Raman	3rd

RANGOLI RESULT

Name	Class & Section	House	Rank
Minal Sahu	VIII E	KALAM	1st
Harshita Mundra	VIII B		
Sakshi Kashyap	VIII C	BHABHA	2nd
Kavya Dewangan	VII C		
Veena Sahu	VIII E	ARYABHATTA	3rd
Niviya Dewangan	VIII E		

ENTRANCE DECORATION RESULT

HOUSE	TOTAL SCORES	POSITION
RAMAN	20	1st
ARYABHATTA	19	2nd
BHABHA	17	3rd
KALAM	16	4th

Diwali Celebrations : Sparkles of Sparklers



Diwali, the 'Festival of Lights' was celebrated with the message of 'Safe Diwali'. Decorated with lights and vibrant hues, there was an ambience of joy and happiness in school. The students showcased the spirit of Diwali through drama and scintillating dance performances which added much exuberance and brought great joy. The Head Boy proposed the Vote of Thanks with a message of Safe and Peaceful Celebration.



EAT RIGHT : A CREATIVE CHALLENGE



Inter House *Eat Right Creative Challenge* was organized under the guidance of CBSE. The students enthusiastically participated in the Challenge and conducted Poster Making and Bulletin Board

Decoration Competition. Students created informative Posters and Bulletin Board. The Best ones were uploaded on the CBSE Website.



BULLETIN BOARD DECORATION COMPETITION RESULT Theme – Benefits of Millets

HOUSE	MARKS	RANK
ARYABHATTA	39	1st
BHABHA	38	2nd
KALAM	37	3rd
RAMAN	37	3rd

POSTER MAKING COMPETITION RESULT Theme- Eat Local and Seasonal

LEVEL	NAME	CLASS & SECTION	HOUSE	RANK
Gr. III-V :	Sanjog Rathi	III B	KALAM	1st
	Sanyog Rathi	III B	RAMAN	2nd
	Suyash Verma	V C	RAMAN	3rd
Gr. : VI-VIII	Sanaya Dhal	VI A	RAMAN	1st
	Lehar Singhania	VIII C	RAMAN	2nd
	Harshita	VIII B	RAMAN	3rd

Magnified Goals with Splendid Roles

Nukkad Natak Competition

Junior Wing of Academic World School organized Inter House Skit Competition for Grade 3 to 5 and Inter House Nukkad Natak Competition for Grade 6 to 8. Students enthusiastically presented the Skits and Nukkad Natak giving strong messages on Religious and Social issues.

Grade III-V : बुद्धि का महत्व, पटाखों से प्रदूषण और रोकथाम, शराब का फल, बड़ों का सम्मान।

Grade VI-VIII : मोबाइल की लत, साइबर क्राइम, टूटता परिवार, चाइल्ड बुलिंग।



GRADE III-V HINDI SKIT COMPETITION RESULT

HOUSE	MARKS	RANK
RAMAN	30.5	1st
ARYABHATTA	26.5	2nd
KALAM	25.5	3rd
BHABHA	19.5	4th

GRADE VI-VIII NUKKAD NATAK COMPETITION RESULT

HOUSE	MARKS	RANK
BHABHA	28.5	1st
RAMAN	27	2nd
ARYABHATTA	26	3rd
KALAM	21	4th





Ganesh Chaturthi Celebration BRILLIANCE OF GANESHA

The Jr.Wing celebrated Ganesh Chaturthi with phenomenal performances. The Assembly was conducted in Sanskrit. Lord Ganesha who has a huge body, curved elephant trunk mesmerized the students.



Dusshera Celebration REJOICING THE JOY

Dusshera Celebration was organized with much fanfare. Students presented a Dance - Drama which depicted the values of respect, obedience, and honesty - the core of the great epic, the Ramayana. Through the celebration, students, not only, learned the significance of the festival, but also, learnt to embrace the traditions and culture.

Science Exhibition SCIENTISTS PERFORMING MAGICS



Science Exhibition at Junior Wing was organized with the inculcating a scientific attitude and research- mindedness and to enhance student's interest in science and technology. The students showcased static and working models reflecting scientific concepts with creativity.



Gandhi Jayanti Celebration ACTION SPEAKS LOUDER THAN WORDS

To commemorate the birthday of Mahatma Gandhi, Junior Wing of Academic World School conducted the Special Assembly on Gandhi Jayanti, creating awareness and inculcating Gandhian Values of Humanity, Brotherhood, and Secularism. The students recreated Gandhi's Dandi March and paid homage to Mahatma Gandhi.

SLOGAN WRITING

Dedicated to Ajadi Ka Amrit Maha Utsav, Vishva Rang Pustak Yatra 2022 was organized by Dr. C.V. Raman University. Ms. Harshita of Grade VIII participated in Slogan Writing Competition and outshined all with First Rank. She was awarded with the prize by the respected D.E.O. Bemetara.





**GURU BRAHAMA! GURU VISHNU!
GURU DEVO MAHESHWARA!**

A Big Heart that Shapes Little Minds

All pretty Seeds that have been sown; Teachers make it grown. Teachers Day was celebrated to express gratitude and appreciation for the teachers. The assembly incorporated poems, songs, dance, and drama for teachers to show love, respect, acknowledgement and recognition of the hard work put in by them towards their development. Grade VIII Students in role of teachers also went to class in the first period to deliver lectures on the ongoing subjects.

MATHS FETE



The juniors organized Maths Fete with a motto to clear the Mathematical Concepts through Games.

Students enjoyed and played the games based on Fractions, Pythagoras theorem, Angle sum property of the polygons, Graph city, 3 D shapes and prepared charts on Mathematicians like Euclid, Aryabhatta, and Pythagoras etc. Mathematical games included Balloon Shooter, Maths Mania, Jump on Me, Diffuse the Ball, Estimation Zone, Hula Hoop Race etc.



There was a great deal of enthusiasm shown by the participants as well as the observers who solved the games and brushed up their learning aspect.



WE Hail! We Hail!

XXII Chhattisgarh State Level School Sports Competition 2022 was organized in District-Korba (Chhattisgarh) in which the players of Academic World School, Bemetara participated in the Kickboxing and Roll ball game under the leadership of their coach Mr. Bhanu Pratap Sahu. All the players performed brilliantly in their game and won 7 medals which comprises 1 Gold, 4 Silver and 2 Bronze medals.

KICKBOXING : THE WINNERS

1. Ashu Deswal (Gold Medal)
2. Tania Sinha (Silver Medal)
3. Jasmeet Rathi (Silver-Medal)
4. Mukesh Bhuwal (Silver-Medal)
5. Shuyash Sharma (Bronze Medal)
6. Supreeta Sharma (Bronze Medal)

ROLLBALL

1. Yash Bhikhwani (Silver Medal)





Shourya Dhingra
Grade VII

IMPORTANCE OF MENTAL HEALTH

Mental health refers to cognitive behavior, and emotional well being. It is all about how people think, feel, and behave. People sometimes use the term "mental health" to confuse it with, 'mental disorder'. Although health professionals often use the term mental health, doctors recognize that many psychological disorders have physical roots.

As all are aware that after covid-19 mental health gained significance that led to awareness of keeping oneself with healthy mind in a healthy body. Humankind, generally, is more focused on keeping their physical body healthy. People tend to ignore the fitness of their mental health.

However, mental health of children keeps the children happier with positive outlook leading to a fulfilling life.

When our mental health is good, we are better equipped to face challenges in our lives. Good mental health enables us to make meaningful contributions to our family, to community and to the society.

One can safely conclude that the conscious efforts in keeping a healthy mental condition takes away stress and anxiety from our life..



HOW HARDWORKING THE TEACHERS ARE?

T-hank you for all the
H-ours you spent for us selflessly,
A-ttention you give also when we were not physically present,
N-eeds that you tend and for the
K-nowledge you pass on like a big ocean to us.
Y-our special touch in our brain and heart
O-ffering Guidance
U-ndaunted by much.
T-ime you spend doing planning for us,



Reet Sharma
Grade VIII

E-fforts you make for us,
A-ngles for learning
C-hances you take
H-ere's to our teachers,
E-ach one a Gem.
R-ecognized now; We Salute them!



WHY ALWAYS THE FIRST ARE REMEMBERED

Mourya Surana
Grade VI

Do you remember the first person who made you realize that you will look back and your lips would curl up" thinking of this moment. The fists of everything leads to indelible experience. For instance, the first day of the school is something noone forgets. The nervousness and the excitement to make new friends are the mixed feelings experienced that stays unforgettable for the rest of our life.

One may observe that the first of everything is more likely to be remembered rather than the second or the third time. One will always remember the 'first' even the one wishes to forget. For example, the first friend who eventually became a No One, one wishes to forget that. However, that doesn't happen. Few life events are wished to be forgotten, but that never happens. For example, do ask your father about his first salary or income and he will quote the figure in exact amount.

The first time we do something wrong gives us a learning experience and gives all another chance to correct the mistake. For instance, when we and our friend get caught speaking out, we analyse our mistake and learn a lesson to never repeat it. First times always teach us something and always stays as a lesson.

One should enjoy every time one does something as if it is the first time. If our first time goes as expected, do not forget it and capture a moment which one would enjoy thinking of in our backyard. If it doesn't go as planned, try to learn a lesson from it.

When was the last time we did something for the first time?"

I bet it was something we will never forget.



COUNSELLING: AN INTEGRAL PART OF A HOLISTIC PEDAGOGY

SUSHMITA SUNELI SUNA
COUNSELLOR

In a competitive world, where failures lurking on every step of the students, it is more necessary that support and guidance are provided by the educational institutes to those who are in need. If students are taught and prepared to respond to the emotional and behavioral challenges from early childhood then they will be capable of responding to future challenges with confidence.

Professional counselling, therefore, is an integral part of a holistic pedagogy, which unfortunately often ignored in the Indian education system. Probably the Indian society is not yet fully equipped to accept the fact that both physiological as well as sociological aspects play equal important role in one's wellbeing. That is why Indian society is still not ready to emphasise upon the mental stability when it comes to diseases. And therefore, "depression" is not given so much of importance as a serious health issue, as much as other sickness related to physical disability or impairment. Including the victim themselves are not ready to accept that they are suffering from a serious health challenge, if they face depression. The lack of importance associated with "counselling" in the academic or other professional fields stems from the above psyche of Indian society.

Even though counseling is not given much importance in India, compared to the regular studies,

The School is continuously developing a comprehensive counselling program with a collective input and insights from various individuals and expertise to make the program relevant for the students. Let me give a synopsis of our counselling programme below.

Main Objectives of setting up Counselling :

- To assist students to thrive in a safe and healthy learning environment.
- To provide special care and attention to identified students having difficulties in specific areas to equally participate in the learning progress with other pupils.
- To promote emotional wellbeing to overcome disruption behaviour and developing interpersonal skills to build positive relationships with peers, adults, teachers, and the community around them.
- To focus on the development of knowledge and skills on career awareness and enable students to recognize their individual strengths and challenges

Activities include and not limited to:

- Moving beyond talks and use creative ways through audio-visuals, Play, Games, Dance, Expressive Arts & Music at various levels: Individual, small-group or classroom counselling
- One to one counselling in a non-judgemental approach through IEP (Individual Education Planning)
- Mindfulness: awareness of self and self-care to develop self-esteem and self-confidence
- Dialogical communication between parents, teachers and the counsellor for the evaluation of the students' performance
- Personal attention and observation of specific students by the counsellor to improve their reading, listening, speaking, language skill development through audiovisual, and innovative tools.
- Organize workshops based on the issues of safety, personal care, health and hygiene child protection (ex: good touch, bad touch) etc.

AWS's utmost priority is the holistic development of their pupils through a comprehensive school counselling program with the help of qualified and experienced counsellors. Young minds are beautiful and every individual must get an opportunity to be part of the process of the holistic development to overcome the challenges and realize her/his dream according to their potentialities! To that end we are fully committed to assist and accompany your precious little ones.

The Art of Relaxing



Ms. AISHWARYA BEHRA
EVS (PRT)

To relax means to calm our body and mind and to relieve oneself from Stress and anxiety. Relaxing is good for the mind, and it makes one feel calm and at peace. Our body also needs rest, and it is important to identify the signs that the body shows when it is overworked. Whether we are pressing on with focused determination, feeling overwhelmed with so much of the unknown, resting firmly in your faith, struggling with anxiety, or all the above going through difficult circumstances can bring forth new, burdensome challenges to navigate. When the afflictions we are dealing with seem too severe and unmanageable, remember that we are not alone, we are stronger than we realize, and it is more than okay to ask for help.

We all need to take time to breathe deep, shut out the voices of panic and worry inside our heads, and be reminded that we can and will get through these hardships. All you need is to calm yourself and relax.

"Our mind will answer most questions if you learn to relax and wait for the answer."

FEAR! A NECESSARY EVIL

Fear is an unpleasant feeling; it is negative emotion of our mind. Examples of fear are fear of failure, what people will think about me...? what will happen...? self-doubts create more fear. It is very natural for children to be afraid during the exams, almost every student goes through this.

If we talk about the fear of the examination, then in year children can prepare only 50 - 70 percent of their syllabus. But due to fear of examination, they can prepare the entire syllabus. In this way, their knowledge not only increase, but self-confidence also increases in them. The common fear in everyone's mind in some way, it comes in different forms and situations. For example, someone is afraid of poverty and some ones is afraid of people's criticisms. Some people are afraid about their health etc. In other words, we can say that it is the name of the mental condition of that person which can



Ms. RENUKA KANWAR
MATHEMATICS (PRT)

also controlled by 'practice' and can also be given a right direction.

In fact, if there is no fear in our life, then a person becomes fearless and starts doing carelessness. For a person to work or to get success it is necessary to have emotion or thoughts. Fear has an important place in our life, if people become poor and some people become rich, then fear also plays an important role in this.

Fear destroys self-confidence, self-control and the memory and ambition of the person also become zero. Every person is facing many kinds of problems due to the presence of some fear, they face failure and disappointment. Due to fear of people's criticism, they stop their initiative, limit their imagination as well as losing confidence. Fear should be but as much as needed. It has advantages and disadvantages both, it depends on us what we choose.

Counselling for Motivation



It is a known fact that effective stress management is key to a healthy body, mind and soul. A holistic approach to address the students concern in reducing stress and anxieties is significant in preparing young minds for being productive, especially during Summative Assessment. The Counselling Cell periodically identifies need-based assistance to the students for their physical and mental well-being. Professional counselling is a significant component of the curriculum at the AWS, alongside imparting high-quality education.

Responding to the need of the students, a Motivational Workshop was organized by the Academic World School on Sept. 12, 2022, for the students of Grades I and II

The workshop's primary objectives were to motivate students and prepare them to cope with exams-related stress and anxieties, overcome fear, learn time management for studies, meditation, and develop new skills and techniques to use in time of need.

The activities in the Workshop included :

- Meditating to calm and enhance concentration
- Bursting Balloons to lower stress and anxiety
- Breathing exercises with music.
- Learning motivational activities
- Connecting Body, mind and soul through Yoga
- Identifying positive stress which helps a child to grow and achieve their goal.
- A Motivational Award-winning inspiring movie was shown to all.

Practical Tips/ skills taught for Stress Management:

- Talking to loved ones in person or over the phone.
- Sleeping for at least 7 to 9 hours every day
- Hydrating by Intake of juice and water frequently.
- Making a list of things To Do List
- Preparing a timetable with short breaks
- Developing a habit or hobby in music, painting, singing, dancing, reading, writing etc.
- Doing physical activities like exercise, yoga, meditation etc.

The workshop participants found the activities beneficial and practical to include in their daily life to be motivated and reduce stress. They shared their excellent experience at the end of the workshop.

The motivational workshop was an opportunity for students and teachers to learn stress management and stay motivated!

By Sushmita Suna
School Counselor





Good times- Allure of Diwali never gets wane....

"Deepavali" means an "array of lights". With an objective of displaying creative skills to spread happiness around, the students of Primary Wing celebrated festive season with a pot decoration activity. We believe that the students must express their tradition and culture in a creative way as it is very special. Following the traditions of India from ancient times of Lord Brahma, Vishnu and Shiva, it should be maintained which must not be destroyed. The students were elucidated the value of Diwali as it spiritually signifies the victory of good over evil, knowledge over ignorance, light over darkness and hope over despair.

FUN + LEARNING = Bake O Learn

If done correctly- "Learning is really fun...."



To add fun in 'Learning', The teachers created a supportive and safe environment to make the children feel free to explore and set new goals. The objective was to connect learning to student's life thus encouraging movement in the classroom, integrating technology into their learning, encouraging interaction, and hosting some friendly competitions. Celebrating festivities with creativity created a 'BUZZ' among all the students.



Fundoo Day

TIME TO SLAM - DUNK

Primary Wing Students planned "Fundoo day" where they got opportunities to explore in the activities that gave them a taste of ethics, and skills.



My School Tour: A classroom without walls!!

The Pre-Primary had a great Field Day within the school and with a classroom without walls. The guided school tour (Junior/Senior wings) unfolded many surprises while they interacted with their senior students.



The Halloween Fever....

Halloween is a festival of entertainment for kids. The festival has its origin in European countries where the people started dressing up as zombies, believing it will scour them of morally wrong spirits.

Believing that any celebration can help the child in the development of feelings and building self-esteem, the ever energized Pre-Primary students celebrated a day of Halloween by decking up in different spooky and ghostly costumes in primary department. The haunting music, the dim lights, scary cut-outs, hanging demons adorning the entire primary wing, worked well to turn out an atmosphere of eerie all around.



THE THREAD ART

To develop fine motor skills, concentration skills and eye hand coordination skills, an activity for Nursery kids engaged themselves in making colorful flower using strings. Prep-I students weaved the first letter of their names, while Prep-II students painted flower with yarn.

Working with strings in and out of holes with various grasping patterns and eye-hand coordination. The stronger the fine motor muscles in a child's wrist, fingers, and hand, the easier writing becomes.



A Corny Day

To mark the arrival of Monsoon and the abundant harvest of corn, The Tiny Tots of celebrated "Kooky Hat Corn Day". To add more fun, various activities were organized for our little ones. Activity for Nursery kids was Making a Crazy Hat. Prep-I kids made Corn Hat whereas Prep-II kids watched the process of making Popcorn by their teachers and also made Pizza Corn Hat.



CRAFTIGAMI- A Life Full of Creativity

"Creativity is nothing but a mindset free."

The little muchkins of Nursery made 'Origami Dog', Prep-I students made cute little Origami Frogs, Prep-II students made Origami Penguin. The objective of this activity was to acquaint the students with different paper folding techniques and to improve their dexterity skills & eye- hand coordination skills.



The Minds to Think, Hands to Create & Hearts to Love!

Teachers' Day was celebrated with great joy. Tiny tots from Prep-I and Prep-II danced to the tune of *Guru Re Brahma Guru Re Vishnu* which made everyone sat spellbound. The excited kids showed their love by making cards for their teachers.





The Art of Recitation

Rhythm and rhyming words are the easiest way to introduce new words and language to the child. General themes of nursery rhymes make the child connect easily with his/her surroundings.

Recitation is one of the important and effective modes of learning a language and appreciating a piece of literature. The students got the opportunity to exhibit their skills in recitation. The tiny tots came up with different poems and recited them with proper rendition, voice modulation and appropriate pronunciation.

A Spook-tacular Halloween!

"Trick or treat, bag of sweets, ghosts are walking down the street."

The celebration of Halloween is associated with the idea of good fortune. With the same festive spirit, the Pre-Primary Wing organized a Spooky Skele-bration for the tiny tots. All the kids came dressed in spooky outfits and make-up. Excited faces were seen everywhere. Scary environment was created for the students. Various activities were organized for the little ones – Dracula dance, Ear bud skeleton craft, Paper roll ghost and Creepy Hat.



Happy Hygienic Hands !

Children are vulnerable to infection. To inculcate a good habit of keeping hands hygienic, hygiene comes handy at the end. **Hand Wash Day** was observed by Pre-Primary students with a lot of fun. The main objective of this activity was to make the Tiny Tots aware that washing hands properly helps in keeping hands germs free.



Diwali-Festive

Diwali -The festival of light was celebrated by the Pre-Primary students with great pomp and festivity. The day was marked by a Special Assembly. The little ones as well as teachers dressed up in ethnic dresses which elevated the festive mood. Tiny tots danced to the tunes – "Happy Diwali" and recited a wonderful poem for their peers.







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